



**New Malden
Methodist Church**
At the heart of the High Street

Lockdown Life

Issue 1: May 2020

Greetings! Welcome to our first edition of Lockdown Life, which is all about sharing news and what we're up to during this period when we can't get together in person. Lots of people have been sharing what they're up to, and I hope you enjoy the results!

I've been busy with putting together weekly worship, with the help of my cuddly friends, keeping in touch with people via telephone calls and the internet, and trying to tame the manse garden! Sadly, I've also been busy with a few funerals, and there is a section in this newsletter inviting you to pause and to pray for those who are bereaved. Continuing to pray for one another is an important way we can support each other, as while we have to be physically distanced, the Holy Spirit faces no such obstacles!

Anyway, enjoy the contents and if you want to share something in future editions, please do get in touch with John Cronin, who is kindly editing Lockdown Life for us.

With every blessing, Karl



Scrubs from Sarah Moore

This was put through my friend's door and I thought it might be something that we could help with? I am happy to pick up from people and deliver to Long Walk. I can also wash and iron if that is a problem. Let's all turn out our airing cupboards! Please let me know on 020 8942 2203.

Hi, I'm a member of a group which sews scrubs, scrub caps, uniform bags, etc. For the workers of NHS and care homes. You can find us on Facebook: For the Love of Scrubs – Our NHS Needs You.

There is a huge demand for these from hospitals and care homes and unfortunately finding enough fabric is becoming a challenge. We are in need of any unwanted bedding (duvet covers, sheets, pillow cases, etc.), any cotton or poly-cotton fabrics, buttons and threads.

If you have any of those and want to donate them, please drop them in a bag in front of 10 Long Walk KT3 3EJ.

Please note, all the fabric needs to be washed at 60+ degrees Celsius. It would also be appreciated if you could iron them, as we need them to be ironed to be able to sew them properly. This would help us produce more in a short amount of time.

Kind regards, Sue

Our own Pam Wardley is also making scrubs and Julia Morton is making kit bags. Good work ladies!

NMMC News

Alan Downey was looking forward to celebrating his 80th birthday with his twin sister on March 29th, but instead he had to make do with four members of the choir turning up on his doorstep to sing Happy Birthday in harmony (on the second attempt!) and dispense cake. That was the coldest day of recent times so we didn't hang around for long. **Doreen** has been continuing with her Moves Fitness class on Zoom, and has managed to recruit the odd new member.

Donald Finnan is fit and well. He is in isolation but in regular contact with neighbours, friends and his Wednesday Fellowship group which is continuing to meet virtually. He has been doing a bit of gardening and a lot of tidying up and turning out.

Eleanor and Andy Roberts have been enjoying discovering new green spaces surprisingly near to home. Eleanor has been taking and sharing some wonderful photos, and has been enjoying watching a fox and her three cubs who visit the garden.

Molly Simmonds is missing her family but staying in regular contact with them through Skype. She has been enjoying baking, taking part in online choir practices and is brushing up her skills in French and Spanish through Duolingo, the free learning app.

Angy and Nigel Stagg have been confined to their home and garden for several weeks by strict order of their daughters, one of whom brings their food. She says they spend so much time in the garden they look as if they have been on a really long holiday. She reports that **Ruth McLeod** is being well looked after by neighbours and they all enjoy the Thursday clap for the NHS, and the chatting that goes on after it. **Gretta White** joins in from her window.

Alison and Peter Bullett have been walking regularly round most of the streets in the area and have just recently taken to bikes, following some extensive renovation work. There is currently a temporary lull in this activity while Alison awaits delivery of a new more - er - accommodating saddle. The old one seems to have shrunk after many years in the shed.

Pam and Alan Vincent are also in isolation. Pam has been far from well recently but is picking up nicely now, under Alan's care and wide-ranging domestic accomplishments. He says he knew Pam was feeling better when she ventured into the garden to give him instructions!

Jill Kibler has been feeling isolated as she has been told she must not go out. She loves to hear from people on the phone.

Audrey Bedford is continuing in good spirits, being lovingly cared for by her daughter. Anne reads to her and tends the garden which is a source of great joy to them both. They love singing hymns together in the evenings, and Audrey can be persuaded to sing down the phone!

The Prayer Web

Who would like to join the Prayer Web?

What is the Prayer Web?

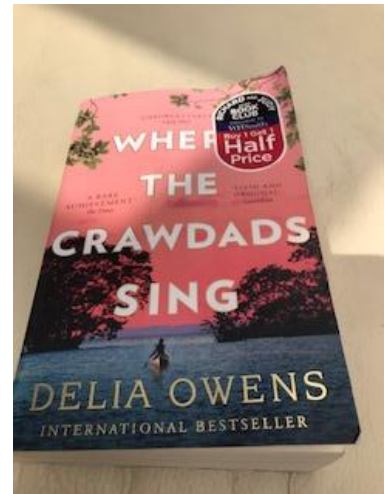
This is a group of people who have offered to receive requests for prayer and to pray for these at home in their own time. Requests are usually sent with the person's consent or in words that do not identify them; confidentiality is respected. At present I am receiving frequent requests and there is a real need for prayer.

If you would like to join in this ministry of prayer within our church please contact Jenny Reid at jennyreid@goodinreid.co.uk or tel. 020 8949 5700.

Jenny

From Stella Chattle

I am self-isolating – not that I have any underlying health conditions, but my daughters' families insist! Maurice is in lockdown in Bourne House and I have not been able to visit him since the 19th March. From the 13th April all the clients have had to stay in their bedrooms.



It is a very difficult situation being married 62 years and not being able to spend any time together. Having said that I can 'FaceTime' him and I do that three times a week. He always knows me and for that I am truly grateful, but it does make the situation more poignant.

Fortunately there is an upside to all situations and this is mine: the garden, painting, books and the TV. The book is a wonderful read!



From Richard Bland

Here are pictures of Ella-Rose and Eliza Bland and yours truly during the lockdown.

The girls have been brilliantly taught lots of new skills and information by Rebecca who has assumed a teaching role while they are off school. Ella-Rose has learnt to tie her laces, Ella-Rose and Eliza have both been busy baking and Ella-Rose, Eliza and Rebecca have learnt some gardening skills. This is on top of reading, writing and Joe Wicks workouts!



I have been sharpening my gardening skills which basically involves digging up weeds as I have no idea what I am doing!!

We hope everyone in the New Malden Methodist Church congregation and community are well in this difficult time.

Richard

From Judith Jewell

Ian and I are very well, feeling so fortunate to have a garden and an allotment. Ian's over 70, and rather harrumphs at the notion he's in an "at risk" group – but is behaving himself, and just doing the very short drive to the allotment every so often to do a bit of digging and planting. My daughter, Amy, is on furlough from Princess Alice Hospice (she manages their retail department from a separate office) but has now been redeployed at the Hospice itself to cover some back office roles normally done by volunteers. I'm very pleased as she lives alone in her small flat – so she now has a legitimate excuse to get out. Most of my clients have obviously stopped face-to-face training, but I am working on developing a couple of webinars for early May. Other than that, I'm lucky to have plenty to do (see poem below)!

The Lockdown List

Back at the beginning I wrote a Lockdown List
Of chores that needed doing, and tasks not to be missed.
Like power wash the patio, clean the kitchen drawers,
Find new ways with lentils, steam and sweep the floors.

I'd go for self-improvement with online plays and art,
Take up yoga (or PE with Joe); and finally make a start
On knitting up that wool I bought, gosh, five years ago,
And practise my Italian so I'll be fluent when we go . . .

But ... then Jane at number 40 set up a Street WhatsApp group
For chats and swaps and good ideas and staying in the loop.
And every day there's Zooming or just phoning for a chat;
And actually finishing the crossword (I'm rather proud of that);



*Beauty even in the mean streets
of New Malden*



And sitting in the garden every day that it's been sunny;
And circulating video clips - some moving, some just funny;
And reading all those books I was keeping for my trip;
And drinking that good wine we were saving (just a sip!).

And clapping our front-line heroes every Thursday night at 8,
And then a little conversation across the garden gate.

So . . .

Of course, I'm looking forward to finally venturing out
(Though only when the scientists say it's safe without a doubt).
But I fear my good intentions will have faded one by one -
I'll be older but no wiser, with my Lockdown List not done.

Judith

*Allotment rhubarb – crumble, pie, compote,
managed to give some away ours . . . and some*

The gift of time



Life under lockdown has its challenges yet advantages too. I have found the gift of time a great blessing.

Time to catch up with overdue sorting out of cupboards and drawers on the cloudier days.

Time to phone faraway friends; time to keep in touch with people in my Pastoral group.

Time to be out in my garden enjoying the glorious weather. Time to watch busy

ants and shiny black beetles scurrying away as I trim the edge of the lawn away from the path; watching the robin watching me while I am busy doing this, seeing him come closer and closer, till within touching distance he alights to peck up a tasty morsel for his family. Time to observe our honey bees feasting on forget-me-not flowers. Time to gaze at our magnolia tree and time to thank God for the glories of His creation.



Jenny Reid

From Susan Knowles

Our Church Treasurer received this letter earlier this year. The money donated was raised by the NMMC, Wesley's coffee bar.



I am writing on behalf of the Families and Staff at our Sensory Playgroup, which meets each week at the Warren Park Children's Centre.

We are so very grateful for the most generous gift which we have received from the New Malden Methodist Church Charitable Fund. The money will enable us to plan our future with confidence, pay the weekly rent and purchase play items, art and craft materials and



equipment for the babies and young children who have hearing and visual challenges.

Once again, many thanks to the Church and all involved in the coffee bar for supporting our Sensory Playgroup.

Yours sincerely,

Sue Knowles

Paediatric Educational Audiologist
Teacher of the Deaf



From Eleanor Roberts

Andy saw Neville today, the lovely homeless guy who used to sit and beg outside Waitrose a lot. Neville said he is really happy, settled in his new accommodation in Kingston, and able to access regular visits from a nurse, and getting the dressings in his poorly leg changed regularly. He wanted people to know how happy he is now.

He is walking on crutches and looked thin, but seemed so much happier. As a church, if we can keep praying for him and other local homeless people that would be great.



From Alison Bullett

Ten Things I'm Grateful for:

(And I am very sorry that some of these things are not available to everyone)

- Garden and green spaces.
- The weather.
- Skype, Zoom and social media.
- TV – films, virtual travel shows, NT performances.
- Developing a feeling of community through interaction with neighbours.
- Having an empty schedule giving freedom of choice; time and space to think and just 'be'.
- Opportunities to learn new things and get jobs done.
- Little traffic.
- Less pollution.
- Hardly any nuisance phone calls.

Ten Things I'm Looking Forward to:

- Meeting up with family and friends.
 - All the parties.
 - Schools, Nurseries and Park play equipment re-opening.
 - A haircut.
 - London theatres re-opening.
 - Being able to hug people.
 - The 'Tip' and the charity shops re-opening.
 - Travel opportunities.
 - Not having to queue for everything - except PLEASE for buses!
 - A different topic of conversation.
-

From Caroline Auty

LOCKDOWN FODDER BY CAROLINE

A month into lockdown and we thought it might be useful to share some places we've found or re-found that have helped us avoid supermarkets and support local businesses. These all accept walk-ins but most do delivery as well, particularly if you're shielding or self-isolating. Here goes:

- **Stears** – (Surbiton Hill Road - 020 8399 5550) these greengrocers are regulars at the monthly New Malden Farmers Market and as well as carrying every kind of fruit and veg imaginable, they have eggs, milk, bread (often including bakers), fruit juice and (today) jam doughnuts.
- **Wined Up Here** (wineduphere.co.uk) – this fabulous shop in Norbiton High Street sells (obviously and inappropriately for a church newsletter) wine and spirits, but also has incorporated the **cheese shop** that used to be a couple of doors down. As well as a fantastic array of cheeses they also stock olives, bread, French dried sausages and crackers.
- **Head Fine Food** aka the Real Butchers on Kingston Road junction of Elm Road (020 8942 0582) for all your Sunday roast requirements plus items suitable for picnic lunches (in your garden) – pork pies, scotch eggs etc. We've had to reserve poultry a week ahead but other meats seem readily available. Roland is a proper butcher so can butterfly, chop, stuff etc. He makes a mean sausage meat with London Pride – if not that's not an inappropriate thing to say in a church newsletter!
- **Durban Street Food** (durbanstreetfood.co.uk) (South Lane) – another regular at the Farmers Market. These specialise in frozen South African cuisine so Malay curries, bobotie, but also macaroni cheese, cottage pie etc. PLUS.....frozen puds including malva, brandy, mint etc. If you've never tried these, South African sponge puds are divine. If that's not an inappropriate word for a church newsletter.

TAKE-AWAYS

We've awarded ourselves a weekly lockdown treat of a take-away and we've made a point of trying new places. Here's our journey so far:

- **Cham** - opened just as lockdown started on Kingston Road, about four doors along from the Real Butchers. Nice Korean/Japanese menu.
- **Up in my Grill** (upinmygrill.co.uk) – some corporate caterers now looking at the family market and found on an industrial estate just off the Kingston Road. They specialise in steak and high quality burgers.
- **K Town** (ktowntogo.co.uk) – not offering a Korean buffet but a good selection of Korean standards with extras and pickles in a bento box type format.
- **Salt & Vinegar** – still open in the High Street for really good fish and chips.

DAILY EXERCISE BY ROBERT

We have been discovering loads of parts of New Malden and neighbouring districts that we didn't know about. Being relative newcomers to the area (15 years this year) we know a few routes that we use regularly but going for our daily exercise has allowed us to explore myriad new places. Here are a few of our favourites:

- **Berrylands Nature Reserve** – almost on our doorstep, we didn't know this even existed until recently. From South Lane walk down Green Lane and across the Hogsmill next to Elmbridge

Meadows you come to Elmbridge Avenue. This is where you will find the entrance. You can walk up next to Tolworth Brook and then past a pond in some pleasant woods and then back across a meadow.

- **Coombeside** – we walk up Elm Road to the girls' school. Wiggle via Matlock Way and Branksome Way and swing past Pam and Alan's House. Then across Coombe Lane and into Orchard Rise. This road looks as if it comes to a dead end but there is a footpath that leads to The Drive where we can envy the opulence of other people's houses. Looping along George Road to Warren Road and wiggling through more private roads brings us to Traps Lane and nice descent back into New Malden.
- **Hogsmill River** – we haven't ventured all the way to Ewell in the current lockdown but a half hour's walk takes us as far as the railway bridge near Malden Manor which has recently gained a mosaic created in collaboration with Kim Porrelli – who helped create our church mosaic. We then loop back to South Lane and under the A3 to return home.

Finally, this week an enterprising schoolgirl has created a South African Safari utilising the new footpath/cyclepath and the Groves. This may or may not still be there by the time this is published. It starts at the junction of The Cut and Poplar Grove. Following chalk arrows takes you past 16 safari animals on a walk that takes just over an hour at a briskish pace.

Robert & Caroline

SCHOOL CLOSURE (a bit for the kids)

I hope everyone is healthy and safe. I will be writing a paragraph about when my school (Burlington Junior School) closed. It was Wednesday 18th of March (my birthday), the day after we had been given a worksheet and green book in case school closed. The day had gone smoothly so far and I had just been having a far-apart choir rehearsal when all the teachers came back from an important meeting. Soon some teachers were carrying out some vegetables. (Perhaps it was their way of saying goodbye?) Rumours started spreading around the hall. Our deputy head walked up to the front of the stage and announced to everyone that the school was going to close for 2 days to have a deep clean. Little did we know that for us Year 6's it might be the last time at Burlington. Me and my friends went to our classrooms to get a few things from our lockers. That night Britain's Prime Minister (Boris Johnson) said that schools would be closed until further notice.

CHILDREN'S NOTE

To all the children out there reading keep in touch with your friends and stay safe. You might want to learn something new or it might be the chance to learn to clean the dishes. Try and get in your gardens as much as possible and have fun during your daily exercise. Try and stay happy. Here are some web links to keep you busy:

Science with Maddie Moate: <https://www.youtube.com/user/maddiemoate>

P.E. with Joe Wicks: <https://www.youtube.com/channel/UCAxW1XT0iEJo0TYIRfn6rYQ>

Oti Mabuse & Marius Lepure https://www.youtube.com/channel/UC58aowNEXHHnfIR_5YTtP4g

Enjoy

Thanks for reading

Isabel

From Julia Morton

Hi

While you are off school, I have added some extra puzzles on the back page for you all to try and here are some ideas of other things you can do.

- Decorate an egg, take a photo of it and other items (see below) – email it to me at nmmcyw@hotmail.co.uk and we will put it on the church Facebook page if you wish (please ask a parent for permission).

Perhaps you could do a family effort!

- Make an Easter tree by hanging cardboard Easter shapes like eggs, rabbits, crosses, chicks (all colourfully decorated of course in lovely bright colours) onto some twigs – these could even be painted and glittered if you have some.
- Design and make an Easter Garden on a plate or make a Lego one.

These again could be made as a joint effort with some or all of you family.

Let's keep in touch and be kind especially to your family.

God bless

Julia



Stay Well

Apologies to Kurt Weill for this parody/travesty of his lovely song of the same name.

(These are song lyrics, not a poem, so the words don't scan well in isolation from the music. If you can listen to the original it might make more sense.)

Stay well, oh people whom we love; stay well,
Now lockdown's begun.
Stay well apart, wear mask and glove, your fellow
man you must shun.

We miss your smiling faces around us,
Keep fit and healthy, strong and sane,
Through absence, fear and deprivation,
Stay well, until we can meet again.

Stay well, oh people far and wide; stay well,
Through difficult days.
Stay well, stay in, stay occupied: use gel
And anti-bac sprays.

Through tribulation, boredom and stress,
Keep muddling on – we'll get through this mess,
Through social distance, isolation, pain,
Stay well ...and come through our doors again.

Pause and Pray

In the coming days, please do take a few moments to pause and pray for all those who have been bereaved at this time, and in particular please remember:

- John Tarrant and family. Jacky's funeral is at 1.45pm on Friday 1st May at Putney Vale Crematorium.
- Clive Morton and family, as his mother Brenda died on 24th April.
- Angela and Martin Reed, whose mother Hazel's funeral (she was on Tony Chalk's pastoral list) is also on Friday 1st May, at 3.20pm.
- Getrude Singizi and family, whose husband Stewart died alone in hospital from Covid-19. His funeral is being taken by Karl on 4th May at 11.40am.
- The family of Rev Peter Holmes, vicar of St Peter's Norbiton, who died in hospital after a long battle with Covid-19.

From Sarah Moore

Ellie has come back to us for the duration of lockdown as a one bedroom flat for two people to live and work in was not an attractive prospect. So boyfriend Tom has gone back to his Mum's in Longbridge Birmingham and we have Ellie back which has enabled some precious family time. It has also made lockdown more interesting for Hannah (though she admits being made for lockdown and crafts and reads to her heart's content). Everyone manages some exercise (Dave went cycling on Sunday morning, got carried away and ended up in Windsor!) and we all hula hoop for 15 minutes every day. Spare tyre disappearing despite the biscuits and cake.

On Saturday 18th April it was Ellie's 25th birthday and to make it a bit more special we de-cluttered the summerhouse and turned it into a 'pop-up pub' as a surprise. It is one lockdown pleasure that may well live on when it's all over!



From Hilary Warner

Says it all, really.



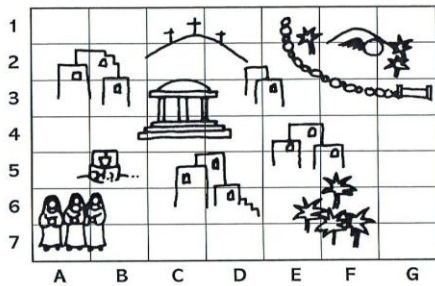
Please email any contributions for the next issue of Lockdown Life to john.cronin@unix.net and we shall publish as soon as we have enough material!

The empty tomb!

At sunrise on the Sunday morning, the women made their way to the tomb where Jesus was buried

Help them to find their way through Jerusalem's streets using these directions

7A, 6B, 5C, 4C, 4D, 3D, 3E, 3F, 3G, 2G, 2F, 1F



They were puzzling over the empty tomb, when suddenly two men appeared beside them!

Write the next letter of the alphabet on the lines above to read what the men said to them.

A
B
C
D
E
F
G
H
I
J
K
L
M
N
O
P
Q
R
S
T
U
V
W
X
Y
Z



G D H R

M N S G D Q D

G D G Z R Q H R D M

E Q N L S G D

C D Z C



Luke 24:6

God's love for us

Who did God send to save the world from sin?

Find the opposites below to spell out the answer

The opposite of QUIET is

The opposite of LOW is

The opposite of DARK is

The opposite of QUICKLY is

■ □ * ▲ I

* * * *

● * * * ▼

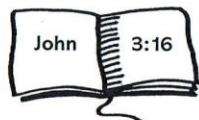
▲ ● □ ► ● I



* * ▲

□ ■ ● I

▲ □ ■



Jesus spoke to a Pharisee called Nicodemus about the Son of God

Follow the instructions to find his words

C K C Q P D G C
O J D
T C U X C K C Z
X G J X E
O X U U
J N K C
C V C Q G N U
U X H C



1. Change the letter C to E
2. Change the letter D to O
3. Change the letter G to N
4. Change the letter J to H
5. Change the letter K to V
6. Change the letter P to Y
7. Change the letter Q to R
8. Change the letter T to B
9. Change the letter U to L
10. Change the letter X to I
11. Change the letter Z to S
12. Change the letter E to M
13. Change the letter O to W
14. Change the letter N to A
15. Change the letter H to F
16. Change the letter V to T