



New Malden  
Methodist Church

*At the **heart** of the High Street*



# Spotlight

## March 2025

### Message from Karl

There's a famous line which comes towards the end of the song 'The Sound of Silence' by Simon and Garfunkel that says, "the words of the prophets are written on the subway walls". This has spawned a range of memes that range from the silly, as in the photograph included here, to the deadly serious. Walking around Central London towards the end of February, I saw a piece of graffiti next to a Tube station that said, "true poverty is having all the money in the world and no love for others". Seeing this stopped me in my tracks and made me think. How true this is in a world in which the richest get even richer and the poorest suffer.



During March, we once again enter the season of Lent, which has traditionally been a time of self-examination and honest reflection as we prepare to come to the foot of the cross of Christ on Good Friday. Like much else in the Christian year, it has become somewhat diluted and does not carry the force it once did, but if we take it seriously, it has the power to be a time of real growth and a resetting of our priorities.

The Gospel reading for the First Sunday of Lent takes us out into the wilderness with Jesus, as he is put to the test by the Satan, understood here as the personification of everything opposed to the goodness of God. This follows on from his being commissioned at his baptism, during which he was proclaimed as God's beloved Son, and represents a vital period of preparation. After all, as we see when reading on in the story of Jesus, he would face a potent mixture of sharp criticism and seductive praise. If he could not master these

things in the arena of his own heart, when God alone was watching, he would stand no chance in public.

Jesus faced a choice between using the power and status afforded to him by virtue of being Israel's longed-for Messiah to do good, or to feather his own nest, to serve others or to set himself up to be served. The perverse sight of world leaders effectively prostrating themselves before Donald Trump and acting as if the naked emperor has clothes is a stark reminder of what happens when power goes unchecked and is abused, as if neither constitutional norms nor international law matter at all. We seem to have lost the ability to tell the truth to power and call out the indefensible, despite what lessons from our history warn us could so easily happen, and the Gospel of Christ has been twisted into a grotesque orange idol about as far from God's love as it is possible to get.

If the words of the prophets do indeed come from the people on the streets, like those Jesus spent most of his time hanging out with even when it brought criticism from those who saw themselves as part of God's in-crowd, what would they say today? I doubt it would be satisfaction at seeing the poorest get shafted and the most vulnerable treated as less than human by the state, whether that is in the USA or the UK, when it comes to the performative cruelty towards migrants seeking a better life here or to those who need help in the form of social security to get by.

This Lent is an opportunity to reorientate ourselves towards the radical love of God, and thus to recommit ourselves to showing in how we live that there is a different way to be, based not on self-interest and grasping for wealth and/or power, but on the self-giving love of the God, who in Christ put his body where is hope is on the cross. May we have the courage to follow him more fully, whether it draws praise or criticism from others, in a world that really needs unsettling grace.

Every blessing, Karl

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## Spotlight's Safeguarding Space

**London District Safeguarding Conference**  
**Saturday 15 March 2025 | 10am - 3:30pm**

You are invited to the conference which will be held at Central Hall in Westminster. Booking details can be found at [www.methodistlondon.org.uk](http://www.methodistlondon.org.uk)



The subject of this year's conference is 'Unbounded Love'. Unbounded love means being there to support others through their struggles without any limits or conditions. It is about helping carry their burdens while honouring their personal boundaries and respecting their autonomy. This type of love allows us to lighten someone else's load, so they can find the strength to lift themselves up when they need it most.

Liz Edwards, Safeguarding Officer

## Church Family News

Please pray for **Megan Walsh** who has to have surgery on the top of her spine. She does not have a date for the operation yet but all the family would appreciate your prayers.

**Julie Haines** came home from hospital on Monday 10<sup>th</sup> February following a seizure. We all send her love and prayers.

**Judy Caddy** had a fall last weekend (Sunday 23<sup>rd</sup> February) and has broken her wrist. She would welcome visitors at home, please call her home phone first (the number is in the church directory). We send her lots of love and pray that she is out and about again soon.

In better news, **Angy Stagg** has learned that her cancer has not spread and treatment is progressing well. We are all thankful for such good news.

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## Anyone for whiff-whaff?

The Monday night table tennis crowd wonder if there are some closet players within the congregation who might like to join us on a Monday evening for some whiff whaff? We have an excellent table and tend to play doubles to a reasonable standard. We're also usually serenaded by a band practising in the choir vestry! Most importantly a good time is had by all.



Don't be shy now, come and talk to me or Sue K for more details. We've even got spare bats if you need one.

Caroline Auty

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## Next Spotlight Issue

Please send all submissions to Sarah Moore at [nmmc@hotmail.co.uk](mailto:nmmc@hotmail.co.uk) (or in my church pigeonhole). Please send me anything you think might be of interest: memories, news of members, advice for life, poems, photos, recipes, etc, by **Wednesday 26<sup>th</sup> March**.

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### Church contact information – website [www.newmaldenmethodistchurch.com](http://www.newmaldenmethodistchurch.com)



NMMethodists

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n/a Monday

Mrs Sarah Moore (Administrator)

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Charity Registration Number 1176621

## Wesley's

A new group are hiring Wesley's on Friday evenings twice a month. It is a youth club for Kingston Young Carers who had outgrown the previous space they were using. They are loving the space and sent this photo of their launch party.

The Young Carers' Project Volunteer and Mentor Manager said that a few people had not met before and one of the girls before she left said it was the first time she had made a new friend in over 4 years as she cares for her father with Alzheimer's. They exchanged numbers and have arranged an outing outside of the group to go to one of the National Heritage Trusts (raffle prize given out on the night). At their next meeting they are holding a quiz.

They are also hoping to take part in the Christmas Tree Festival this year.



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Please see the end of this issue for the March calendar of regular events in and around Wesley's and look out for new initiatives coming up in the Spring.

Wesley's is becoming very well known in New Malden and the surrounding area as a community hub. More volunteers are always welcome so that we can help this vital resource thrive and grow.

For the latest updates and more information, follow Wesley's on Facebook and Instagram:

👉 Facebook: <https://www.facebook.com/wesleysnewmalden/>

📷 Instagram: <https://www.instagram.com/wesleysnewmalden/>

Email [nmmc.wesleys@hotmail.com](mailto:nmmc.wesleys@hotmail.com)

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# Wesley's at 30

This photograph was taken outside Wesley's by the ramp and below the mosaic and shows that 30 years ago, this month, the redevelopment was underway. The mosaic is one of many changes that have taken place since then. Other additions include the six banners hanging on the pillars in the sanctuary made by members of the congregation to celebrate the millennium. Details of these can be found inside the sanctuary. The red hymn books 'Singing the Faith' were introduced in 2011 and the Revised Standard Version of the Bibles at a similar time. The tiled cross was created and donated by Sarah Choi who designed the image of the church on our mugs, which were introduced as part of the 150th Anniversary celebrations in 2017. The organ has been renovated and is no longer static. More recently the name Wesley's was introduced at the same time of the 'rebranding'. The Community Larder and tokens for a free drink show that Wesley's is a place of welcome to all.



Events planned for the Celebration weekend are:

**Friday 13<sup>th</sup> June** – 5pm - Thank you and celebration event for Volunteers and church members.

**Saturday 14<sup>th</sup> June** - 10am - Wives & Friends' Sale in aid of Guide Dogs for the Blind

**Saturday 14<sup>th</sup> June** - 6pm - Family Quiz hosted by Robert, Caroline & Isabel

**Sunday 15<sup>th</sup> June** – 10.30am –Service led by Rev Dr Karl Rutlidge & Rev Robert Jones followed by Bring & Share Lunch.

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## Upcoming Music at NMMC

If you need any persuading to come to a Tuesday lunchtime concert, perhaps this review of the January concert will do the trick.

### Lunchtime Concert 21 January

Two performers playing four instruments with a total of seven keyboards heralded the start of our Spring series of lunchtime concerts. So did a spell of colder weather, a new named storm and further weather warnings. Despite the warnings, there was a reasonable turnout

for Alison and Peter Bullett's programme of duets and duos after Peter had told us the subtle difference between the two.

The programme started with a Schubert piano duet, a Rondo in D Major entitled 'Notre amitié est invariable', briefly demonstrated by the crossing of the couple's hands! There followed a selection of three of the fourteen movements of Saint-Saëns' 'Carnival of the Animals'. The clearly synthesised sound of the cuckoo calling from the heart of the wood was the only indication that perhaps spring really was on its way.

We then moved back nearly three centuries to a work by the Welsh composer Thomas Tomkins, 'A Fancy for two to play'. This was a duet on a remarkable pseudo harpsichord, an instrument whose strings are plucked rather than being struck like a piano. The next items were all duets, a Peter Warlock suite of six movements named after dances and organ duets by Samuel Wesley (son of Charles) and J.S. Bach.

Although the programme was only 50 minutes long, it showed Alison and Peter's meticulous preparation with a variety of tunes and styles to suit all tastes. Each item was named on the projection screen and briefly introduced. More concerts are planned for the second Tuesdays in February and March. I am sure they will all be worth attending.

Aubrey Allen

The number of hands will be doubled for the March concert



**Tuesday 18<sup>th</sup> March 1.10pm**

**2 Pianos 8 Hands**

Linda Bridges Alison Bullett

Peter Bullett Anthea Fry

Overture *William Tell* – Rossini

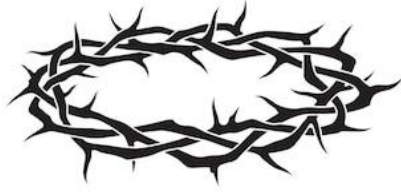
Scherzo from Symphony No.3 – Beethoven

*Peer Gynt* Suite No.1 – Grieg

Grand Galop Chromatique – Liszt

**Retiring collection to help defray expenses 40 minutes of music**

# HAYDN Seven Last Words



Good Friday 18th April 2025  
at 8pm NMMC

This year, we are presenting Haydn's extraordinary setting of The Saviour's Seven Last Words on the Cross for solo quartet, large classical orchestra, plus semi and main choruses.

The music is accessible and a powerful reflection on the events of Holy Week. As usual, proceeds of a retiring collection will be given to charity.

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## Music in New Malden

### Showcasing Young Talent - 9 & 16 March 2025



We're really looking forward to our next concert: a visit from talented young performers from Tiffin Girls' School on Sunday 9<sup>th</sup> March, followed by Tea & Cake.

Pianists, string players and singers will be the highlight of this concert.

Then on Sunday 16<sup>th</sup> March we are holding the first of several projected Public Masterclasses, to be given by experienced professional performers and teachers for the benefit of young

performers in our area. The first will be a Piano Masterclass given by Julian Hellaby. You may remember that Julian gave a scintillating solo piano recital for us in October 2023, featuring music by Bach, Liszt, Ireland, and Ramskill. He is a seasoned international performer, examiner, adjudicator and coach, and we are very grateful to him for taking time out of his busy schedule. This event is possible due to the very generous donation we have been given recently to kick-start our Outreach work. This



session (which will run from 3pm - 6pm) is now full, and we have a waiting list of participants too - at this rate, we will need to organise a second piano masterclass!

All our concerts are at 3pm in New Malden Methodist Church, 49 High Street KT3 4BY and are followed by tea and cake.

More information and booking via our Ticketsource platform  
<https://www.ticketsource.co.uk/musicinnm>

NB. tickets also available from Wesley's coffee bar at the church, Mondays to Saturdays 10am-2-pm or on the door.

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## NMMC Diary Dates – March

Saturday 1 <sup>st</sup>	10.00am – 12.00	Wesley's – Diabetes UK
Wednesday 5 <sup>th</sup>	7.30pm	Ash Wednesday service
Tuesday 4 <sup>th</sup>	10.30am	Walking Group
Thursday 6 <sup>th</sup>	2.00 – 4.00pm	Creative Arts
Friday 7 <sup>th</sup>	11.30am	Writers' Group
Saturday 8 <sup>th</sup>	10.00am – 12.00	Wesley's – Vacant. Please contact Sarah to book
Sunday 9 <sup>th</sup>	3.00pm	Music in New Malden (see page 7)
Tuesday 11 <sup>th</sup>	10.30am	Tai Chi Qigong
	2.30 – 4.00pm	Bereavement Café
	7.30pm	Wives & Friends AGM
Thursday 13 <sup>th</sup>	11.00am – 12.30pm	Knit & Natter in Wesley's
	1.00 – 3.00pm	Short tennis in the Upper Hall
Friday 14 <sup>th</sup>	11.30am	Writers' Group
	2.00 – 4.00pm	Board Games
Saturday 15 <sup>th</sup>	10.00am – 12.00pm	Wesley's – Our Woofs & Miaows
Sunday 16 <sup>th</sup>	3.00pm	Music in New Malden (see page 7)
Tuesday 18 <sup>th</sup>	10.30 – 11.30am	Walking Group
	1.10pm	Lunchtime Concert (see page 8)
Wednesday 19 <sup>th</sup>	7.30pm	Pastoral Meeting
Thursday 20 <sup>th</sup>	2.00 – 4.00pm	Creative Arts
Friday 21 <sup>st</sup>	11.30am	Writers' Group
Saturday 22 <sup>nd</sup>	10.00am – 12.00	Wesley's – Malden & Coombe Flower Club
Tuesday 25 <sup>th</sup>	10.30 – 11.30am	Tai Chi Qigong
	7.30pm	Wives & Friends – Easter Thoughts
Thursday 27 <sup>th</sup>	11.00am – 12.30pm	Knit & Natter in Wesley's
	1.00 – 3.00pm	Short tennis in the Upper Hall
Friday 28 <sup>th</sup>	11.30am	Writers' Group
Saturday 29 <sup>th</sup>	10.00am – 12.00	Wesley's – Guides – Jamboree Fundraising

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## More music, not in New Malden

I'm not wont to blow my own trumpet because it's a horn for one thing, but I am playing in a particularly fabulous concert at the end of March. Most of the program is standard repertoire, German romantic pleasant to listen to pieces. But... but we are also doing Hindemith's Symphonic Metamorphosis. This is an epic piece for super-sized orchestra with tons and tons of percussion. It's not performed that often because you need so many extras but it is all-round fabulous and very different to probably anything else you've heard (in a good way). So if you're free on 22<sup>nd</sup> March and can get to Saint Andrew's Cheam, you'd be in for a real treat. And there's cake at the interval.

Caroline Auty



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**SCHUMANN**  
CELLO CONCERTO  
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Tickets are available online at  
<https://www.suttonsymphonyorchestra.org>



## International Women's Day Saturday 8<sup>th</sup> March 2025 2.00pm – 4.00pm

Join Inner Wheel at an event to celebrate International Women's Day. Inspirational speakers including: Natalie O'Rourke MBE, Jeanne Vito & Laura Smyth-Wiles MBE. Venue Fusebox at 2 Buckland's Wharf KT1 1TF. More information and ticket bookings at FUSBOXKINGSTON.ORG or email [innerwheelclub-kot@hotmail.co.uk](mailto:innerwheelclub-kot@hotmail.co.uk)

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### Circuit News

#### Circuit Lent Course

Dear Friends,

You will be pleased to know that this year we will be doing a circuit Lent course. I have taken on board that finding one night that is suitable for all is impossible, so each week it will be held on a different day of the week. The course will be led by the ministers and local preachers and based on the booklet, "On the Third Day". It is a York course and is available from Eden booksellers and is currently priced at £4.41 and £3.99 on Amazon.

I would recommend that you get your own copy but not having a copy does not mean that you cannot attend the course.

Here are the dates and locations.

Wednesday 12 March- Harwood Room, Kingston

Tuesday 18 March- The Large Hall- Chessington

Thursday 27 March- The Parlour, Surbiton Hill

Monday 31 March- Wesley's-New Malden

Thursday 10 April- The Parlour- Surbiton Hill

Tea and coffee will be served from 7.30 pm with a prompt 8.00 pm start and a finish time of 9.30 pm. It would be great to see you, if only for one session as we grow together as a circuit.

Blessings, Vindra

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### Alpha Course

"On your marks, get set" .....

This is the next monthly update on our upcoming ALPHA Course.

We will be starting the course on 29<sup>th</sup> April) and meeting every Tuesday evening for 8 weeks (finishing 10<sup>th</sup> June) at the Church Tennis Club.



**What is it?** Do you or people you know have questions about how and where the Christian faith fits into everything in today's fast and confused World? If that is the case then taking part in the course is certainly for you.

Alpha is a series of group conversations that freely explore the basics of the Christian faith in an open, friendly environment. Everyone's welcome. No matter your background or beliefs, faith or no faith, you're invited.

Every week, after an excellent meal, we will be looking at a different topic using input from well-known preachers and celebrities and then discussing the implications for ourselves.

#### Topics

- |                                       |                        |
|---------------------------------------|------------------------|
| -Is there more to life than this?     | -Who is Jesus?         |
| -Why did Jesus die?                   | -How can I have faith? |
| -Why and how should I read the Bible? | -How does God guide?   |
| -Who is the Holy Spirit?              |                        |

**And so-what to do next?** Think about who to invite or think of coming yourselves- Hopefully you will have been inspired by the wonderful launch service to really think about people you know for whom a world with either a new or renewed faith would be such a better place.

Pray- We have enough helpers to run the Course (more are always welcome) but the success of it relies on prayer support and we will be setting up a fortnightly zoom based prayer support meeting starting on Tuesday 4<sup>th</sup> March at 7pm (for 30 minutes)-you are invited to join us for as long as you can

The link for the sessions is below

<https://zoom.us/j/93741086742?pwd=yUDkuRo1T4MndWT8penaJEIgFMT7ao.1>

Meeting ID: 937 4108 6742

Passcode: 503698

There will be prayer cards available and we will be asking you take some and include the Course in your daily reflections.

#### **Why is this so important?**

- 1) To support all of the elements in running the course but most importantly to ask God's holy spirit to move in the hearts and minds of the attendees so that they can either refresh their faith or come to a new life in Christ
  - 2) To discern from God whether you should attend the Course to relook at your faith and also to pray about who should invite to come to the Course from amongst your family, friends and contacts. There will be invitation cards available to help with that.
  - 3) Finally it has been statistically proven that an ALPHA Course is significantly more powerful in terms of its impact if it is surrounded by prayer.
- This is an incredibly important opportunity to offer to ourselves and others the time and place to reflect on life and faith in it.

Please contact me with any names of course attendees or any questions about it – [davidmfullbrook@gmail.com](mailto:davidmfullbrook@gmail.com)

Let's be "on our marks, get set....."

David Fullbrook

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#### **Circuit Plan (overleaf)**

We have tried a different format for the latest Plan, which we hope people will find clearer and easier to read.



Plan Details for the Churches					
Date	Time	Chessington	Kingston	New Malden	Surbiton Hill
02/03/2025	AM	Fullbrook	Rutledge: HC	Stonehewer: AA	Maraj-Ogden: B
	PM	No Service	No Service	No Service	B. Coveney: 4.30pm PP
05/03/2025	-	7.30pm AW	No Service	Rutledge: 7.30pm AW	No Service
09/03/2025	AM	Han	Rutledge: AA	LA	Maraj-Ogden: HC
	PM	No Service	No Service	No Service	No Service
16/03/2025	AM	D&S Lloyd: C	Maraj-Ogden	Rutledge: B	Fullbrook
	PM	No Service	Rutledge	No Service	No Service
23/03/2025	AM	Han: HC	LA	Rutledge: HC	Vernon: LM
	PM	No Service	No Service	No Service	No Service
30/03/2025	AM	Maraj-Ogden	Rutledge: AA/CC	Bridges	Dean
	PM	No Service	No Service	No Service	No Service
06/04/2025	AM	LA	S. Lloyd	Rutledge: AA	T. Coveney
	PM	No Service	No Service	No Service	4.30pm PP
13/04/2025	AM	Maraj-Ogden	Rutledge: 10am SJ	D. Lloyd	LA
	PM	No Service	Rutledge	No Service	No Service
17/04/2025	-	7.30pm MT	Rutledge: 6pm MT/HC	No Service	Maraj-Ogden: 7.30pm MT
18/04/2025	-	9.30am WoW	Rutledge: 10am WoW	9.30am WoW	Maraj-Ogden: 10.30am
20/04/2025	AM	Han: 8am HC	No Service	Rutledge: 8.30am HC	No Service
	AM	Han: 10am AA/HC	Rutledge: AA/HC	Vernon: 10.30am AA/HC	Maraj-Ogden: 10.30am HC
	PM	No Service	No Service	No Service	No Service
27/04/2025	AM	D. Lloyd	Stonehewer	LA	Bridges
	PM	No Service	No Service	No Service	No Service
04/05/2025	AM	Rutledge: HC	Maraj-Ogden: HC	S. Lloyd: AA	LA
	PM	No Service	No Service	No Service	4.30pm PP
11/05/2025	AM	Maraj-Ogden: ACM	Bridges: AA/CA	Rutledge: CA	Stonehewer
	PM	No Service	No Service	No Service	No Service
18/05/2025	AM	D&S Lloyd: C	Rutledge	Maraj-Ogden	Cocking
	PM	No Service	Rutledge: HC	No Service	No Service
25/05/2025	AM	LA	LA	Vernon: HC	Maraj-Ogden: HC
	PM	No Service	No Service	No Service	No Service

Ministers' Day Off: Karl and Vindra - Monday    Circuit Meeting: 25th March at Kingston

Notes
AA = All-Age Worship AW = Ask Wednesday B = Baptism CA = Christian Aid Service CC = Café Church HC = Holy Communion LM = Leprosy Mission MT = Maundy Thursday PP = Praise Party SJ = Joint Service with St John's WoW = Walk of Witness
<b>Chessington (10am)</b> Bible: NIV MWB: HC Only Music: StF, H&P, SoF 1 - 3 <b>Korean Language Service 12.30pm</b>
<b>Kingston (10.30am &amp; 6pm)</b> Bible: GNB MWB: HC Only Music: StF, SoF 1 - 3 <b>Online: Windows on Worship</b>
<b>New Malden (10.30am)</b> Bible: NRSV MWB: Complete Music: StF <b>Online: Windows on Worship</b>
<b>Surbiton Hill (10.30am)</b> Bible: NIV MWB: Complete Music: StF, H&P, Let's Praise 1, 2 <b>Online: Live Stream</b>



## Flower Quiz

Here are the answers to the cryptic clues leading to the names of flowers

- |  |               |
|--|---------------|
| 1. Box clever and warm up your hands               | foxglove      |
| 2. East with parts of your mouth                   | tulips        |
| 3. Basic cook <del>e</del> a                       | dahlia        |
| 4. American golfer and British cricketer           | tiger lily    |
| 5. When you are sad, give me a ring                | bluebell      |
| 6. Auntie and mother to Christine                  | chrysanthemum |
| 7. Flog it and go out to lunch                     | celandine     |
| 8. Remember me                                     | forget me not |
| 9. Colour of your eye                              | iris          |
| 10. Join together and get rich                     | marigold      |
| 11. Cattle, sheep, pigs                            | stocks        |
| 12. Christmas decoration and wine                  | hollyhocks    |
| 13. More children                                  | orchids       |
| 14. Deceptive stone                                | shamrock      |
| 15. Vegetable no backwards knee                    | peony         |
| 16. Starburst bill                                 | sweet william |
| 17. Comic jungle animal                            | dandelion     |
| 18. A Tea lady, an insect and me                   | polyanthus    |
| 19. Extremely unpleasant house no longer available | violet        |
| 20. Cat musical mania                              | petunia       |
| 21. Musical instrument                             | voila         |
| 22. Prudish, not me, musical note                  | primula       |
| 23. A noose and sewing aid                         | lupin         |
| 24. A bird swearing                                | crocus        |
| 25. Do give me your answer                         | daisy         |
| 26. Lots of birds                                  | flock         |
| 27. A bovine tumble                                | cowslip       |
| 28. The queen never stops                          | busy lizzy    |
| 29. Frozen waterfall                               | snowdrop      |
| 30. Part of a watering can                         | rose          |

Gorgeous miniature iris at Wisley this week.



## Sheep

Every Christmas during the Sheep Trail, people always ask if they can buy a sheep so would you like to knit one to sell at the Christmas Fair?

The pattern that was used before is below and there is quite a lot of cream and white wool in the new storage 'bins' in the photocopying office, so have a rummage. Let's see how many more different sheep we get from the same pattern!



### You will need:

3 strands of white/cream aran wool  
9 mm or 10 mm needles

### Body (all in garter stitch)

CO 15.  
Garter stitch for 2 rows.  
Increase in every stitch. (30sts)  
Knit one row.  
Increase one every 5 stitches. (36sts)  
Work in garter stitch for 25 rows.  
Knit two together to end.  
Cast off.

### Head

CO 20.  
K 4 rows.  
Increase into every stitch. (40sts)  
K 4 rows.  
Change to black/grey wool.  
Purl one row.  
\*K2, k2tog\* to end.  
Purl  
\*k1, k2tog\* to end.  
Purl  
\*k2tog\*  
Thread yarn through remaining stitches.

### Legs

In black  
CO 10.  
Work 6 rows in stocking stitch.  
\*k2tog\* to end.  
Thread yarn through remaining stitches.

### Ears

In black  
CO 4.  
Cast off.

### Assembly

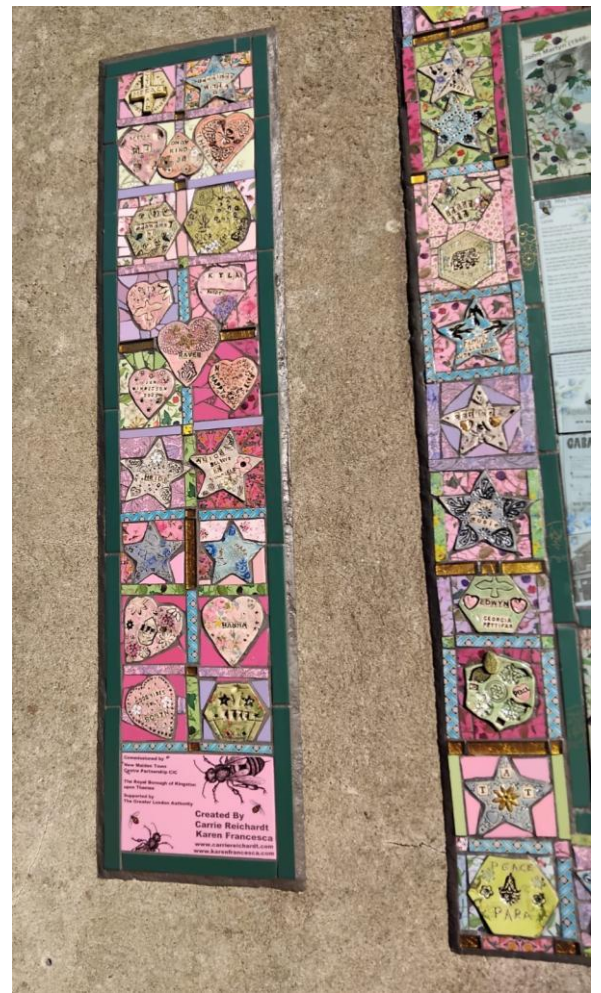
Sew the body of the sheep. Keep the neck end open.  
Sew up the side of the head, leaving the neck open.  
Stuff both body and head and sew the head straight on to the body.  
Do the same with the legs, then sew on the ears and stitch on a cute face!  
Use stick-on googly eyes, buttons or felt for the eyes.  
Make a small pompom for the tail (optional). Create whatever kind of tail you like.

Please ask Sarah if you would like a clearer printed copy.



## Spotted in New Malden

Do you recognise these lovely mosaics which Glynis Fox photographed recently? They are on the wall at the back of the station and are well worth a closer look.





# Month: MARCH 2025



Date	Day	Time	Wellness Activities & Connection		
01/03/25	Saturday	10-12 Charity Bake Sale - Mary Garrett (DiABETES UK)			
02/03/25	Sunday	10:30 Morning Worship			
03/03/25	Monday	10-2pm Wesley's Cafe			
04/03/25	Tuesday	10-2pm Wesley's Cafe	10:30 Walking Group		
05/03/25	Wednesday	10-2pm Wesley's Cafe			
06/03/25	Thursday	10-2pm Wesley's Cafe		2-4 Creative Arts Group	
07/03/25	Friday	10-2pm Wesley's Cafe	11:30 Writers Workshop		
08/03/25	Saturday	10-12 Charity Bake Sale			
09/03/25	Sunday	10:30 Morning Worship			
10/03/25	Monday	10-2pm Wesley's Cafe			
11/03/25	Tuesday	10-2pm Wesley's Cafe	10:30 Tai Chi Qigong	2:30 Bereavement Cafe	
12/03/25	Wednesday	10-2pm Wesley's Cafe			
13/03/25	Thursday	10-2pm Wesley's Cafe	10:30 Knit & Natter	1-3pm SHORT TENNIS	
14/03/25	Friday	10-2pm Wesley's Cafe	11:30 Writers Workshop	2-4pm Board Games	
15/03/25	Saturday	10-12 Charity Bake Sale - Woofs & Miaows UK			
16/03/25	Sunday	10:30 Morning Worship			
17/03/25	Monday	10-2pm Wesley's Cafe			
18/03/25	Tuesday	10-2pm Wesley's Cafe	10:30 Walking Group	1pm Lunchtime concert	
19/03/25	Wednesday	10-2pm Wesley's Cafe			
20/03/25	Thursday	10-2pm Wesley's Cafe		2-4 Creative Arts Group	
21/03/25	Friday	10-2pm Wesley's Cafe	11:30 Writers Workshop		
22/03/25	Saturday	10-12 Charity Bake Sale - Pam Humphreys (Malden & Coombe Flower Club)			
23/03/25	Sunday	10:30 Morning Worship			
24/03/25	Monday	10-2pm Wesley's Cafe			
25/03/25	Tuesday	10-2pm Wesley's Cafe	10:30 Tai Chi Qigong		
26/03/25	Wednesday	10-2pm Wesley's Cafe			
27/03/25	Thursday	10-2pm Wesley's Cafe	10:30 Knit & Natter	1-3pm SHORT TENNIS	
28/03/25	Friday	10-2pm Wesley's Cafe	11:30 Writers Workshop		
29/03/25	Saturday	10-12 Charity Bake Sale - Kelly Jackson & Guides			
30/03/25	Sunday	10:30 Morning Worship			
31/03/25	Monday	10-2pm Wesley's Cafe			

For the latest updates, please scan to check What's On <https://www.newmaldenmethodistchurch.com/calendar/>

**"Be strong and courageous. Do not be afraid; do not be discouraged, for the Lord your God will be with you wherever you go." Joshua 1:9**

A reminder for March to walk in faith, strength, and courage! ♥️ ✨

## Wesley's Community Hub & Cafe

for more information please contact Lee on [nmmc.wesleys@hotmail.com](mailto:nmmc.wesleys@hotmail.com)  
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