



New Malden
Methodist Church

*At the **heart** of the High Street*



Spotlight

October 2024

Message from Karl

It is often quite pleasant to sit in Welsey's and just watch the world go by – the people walking or cycling down the High Street, the lorries struggling to get out of Cambridge Road having made their deliveries, the many buses and cars that pass the church – and to observe the changes of the seasons as leaves and skies gradually turn from one shade to another. The recent shift in the weather towards the cooler end of the spectrum, and the emergence of yellows and browns on the trees, make it quite clear that autumn has firmly arrived.

This is my favourite time of the year, not least because of the array of colour that makes an excellent subject for both landscape and wildlife photography. Together with the cool and crisp mornings, the dark gradually drawing in sooner making for snug evenings curled up on the sofa with a hot chocolate, and never having quite lost my enthusiasm for kicking the leaves on the ground, there is much to enjoy. However, I recognise in all of this that not everybody has a warm, safe and comfortable home to relax in, and in the absence of that, autumn can feel very different.

On October 4th this year, an event called 'The Big Sleep Out' is being held in the grounds of All Saints Church in Kingston to raise money for and mark the thirtieth birthday of Kingston Churches Action on Homelessness. The invitation is to spend one night experiencing some of the challenges faced by people sleeping on the streets, and to learn more about what is happening locally. Those sleeping out are seeking sponsorship, but donations can also be made online directly to KCAH by going to www.justgiving.com/campaign/big-sleep-out-24 and giving what you can.

While I will not be sleeping out this year, I have recently started volunteering with Kingston Street Pastors. On most Friday and Saturday nights, groups made up of members of a range of local churches go out into Kingston town centre in order to help, care and listen to those we meet. As the nighttime economy evolves, the times at which teams go on patrol have moved in turn, and so shifts now cover 8pm to 2am, by which time as the photo shows, it can get pretty chilly even on a comparatively mild night!



Many of the people we meet are rough sleepers, such as Phil in this picture (who did give his permission for me to use this photo), and it is both moving and quite sad to be thanked for stopping to talk to them and for treating them like real human beings. Thankfully, most of us will never experience trying to find somewhere relatively safe and warm to rest, without ready access to sanitary facilities or somewhere to keep belongings other than with us, with the constant threat of being moved on, harassed or even attacked by passers-by. What makes it worse, as I have learnt through stopping to chat to various folk, is that being treated as effectively invisible and/or a social nuisance is so commonplace. There are often a range of complex reasons as to why somebody ends up in that situation, and being judged by others does not help anything.

A little while ago, Georgie Forshaw from KCAH came to speak to the congregation at Kingston Methodist Church about their work. The number of people accessing their services has increased sharply as the cost-of-living crisis and a shortage of affordable housing continue to bite. This has in recent months included many working people on salaries of over £50,000, who nonetheless find themselves unable to navigate a private rental sector in which prices have soared, and mustering a large sum of money for a deposit and advance rent is not always readily possible at short notice. It is frightening to think that the one-bedroom house I rented when I lived in Milton Keynes is now on the market for £1,100 per calendar month, compared to £650 when I moved out in 2015.

There are no easy answers here, but whether it is supporting the vital work of KCAH or simply taking a moment to pause and reflect on how we respond to someone on the streets, can make a real difference. So, as autumn continues and the nights get colder, may we do what we can to address homelessness, remembering that there is no such thing as a person who does not matter to God, and Jesus himself did not always have a fixed place to lay his head.

Every blessing, Karl

Spotlight's Safeguarding Space



The **Methodist Church**

Safeguarding Foundation Module Training

Wednesday 30th October 2024

7.00pm – 9.30pm

Coffee/Tea from 6.30pm

New Malden Methodist Church

49, High Street,

New Malden

KT3 4BY

(limited parking)

Contact Liz Edwards if you would like or need to attend.

Church Family News

Alan Vincent was delighted to meet his first great granddaughter, Eala born 7th January 2024, during a recent visit to Jersey.

What a lovely photo of both of them.

It is with cautious optimism that we can tell you that after a stay in St George's Hospital, **Julie Haines** will hopefully be coming home on Friday 20th September.

Nigel Stagg is still in St Thomas's Hospital in London awaiting heart surgery which is currently scheduled for next Thursday (3rd October). We pray that the surgery goes ahead then and is successful.

It is with sadness that we report that **Ali Walsh's** dad died on 17th September after a long illness. We remember Ali, John, Megan and Hannah and all their family in our prayers.



Summary of other September notices

These may have changed slightly from when they appeared in the Notices so please read them even if you think you've seen them before!

Fraudulent Email If you receive an e-mail from committeeboard817@gmail.com claiming to be Karl, it is a fraudster so please ignore it.

Harvest Weekend

Help will be needed on Saturday 5th October to decorate the church for harvest plus produce and foliage to use for the decoration. With Julie out of action at present, more help than ever will be required.

Please bring donations of food for our Community Larder to the service on Sunday morning. Popular items are tinned vegetables/fish/meat/fruit/rice pudding, cereals, sugar, rice, pasta, longlife milk, sanitary & toiletry products. Thank you.



Harvest Lunch



There will be a lunch of jacket potatoes and fillings after the Harvest Festival service on Sunday 6th October. Please sign up on the sheet on the noticeboard so that Pam Bugeya and her team will know how many spuds to provide.

Ukraine Fundraiser



Over the weekend of Oct 12/13 we will be raising money for British-Ukrainian Aid as thousands of people face another winter lacking the most basic of human comforts as well as medical supplies. The coffee morning on Saturday 12th October will be in aid of this, and there also is a very special concert on Sunday 13th at 3pm given by the international pianist Margaret Fingerhut.

Tickets £15 to include tea and cake. Please come and support this worthy cause. Cakes for both events would be very gratefully received.

Calling all knitters

RBKares are apparently in need of more hats for their Christmas tree and they don't have to be green! So let's help again by getting out our needles, wool and patterns and get knitting! Thank you, Doreen.



Here is a reminder of the fantastic number of hats that were handed over to RB Kares last year.



Home & Away Charities 2024-2025

At the Annual Church Meeting held last month it was agreed to support two charities over the coming year by donating the weekday profits raised at Wesley's. The charities agreed are Centrepont and Smile train.

Centrepont supports the young homeless in London & Smile train provides lifesaving treatment around the world for children born with a cleft palate.

There will be more information about these two charities in next month's Spotlight.



Wesley's Community Hub

Now that the holiday period is over we are back to our daily 4-hour opening hours of 10am until 2pm which means that four volunteers are needed every day. It is vital that we keep Wesley's open every day, especially going into the winter when we will again be offering the community a 'Warm Space'. Please sign up on the rota if you are able help at all.

Please see the October Calendar at the end of this issue for details of what is happening during this month including Tai Chi, the Walking Group, Knit & Natter and Short Tennis.

For the latest updates and more information, follow Wesley's on Facebook and Instagram:

👉 Facebook: <https://www.facebook.com/wesleysnewmalden/>

📷 Instagram: <https://www.instagram.com/wesleysnewmalden/>

Email nmmc.wesleys@hotmail.com

Saturdays in Wesley's



Another great total of £190 was raised on 24th August for Tree Aid and Maggie Fathers and her family raised £256.51 for Prostate Cancer last weekend.



There are currently vacancies on 26th October and November 2nd, 9th, 16th and 30th. Please see Sarah if you would like to ask about hosting your own charity coffee morning.

Wesley's 30th Anniversary Celebration



The photograph above shows the church as it was in the early 1990s. Wesley's, previously called 'The Welcome Area' was added to the front of the building thus removing the vestibule which was rather dark & uninviting. Part of the sanctuary was included in Wesley's & the pews were removed during the project. The stained-glass window was also installed at this time with the hymn 'Summer suns are glowing' as the theme.

A special Dedication Service was held on Saturday 17th June 1995 so our anniversary celebration will take place on Saturday 14th & Sunday 15th June 2025. There is much to celebrate including the many community activities that take place every week in Wesley's.

All celebrations need to be planned and following the launch at last month's ACM thanks needs to be expressed to all who have offered specific help over the weekend and also to

those who are enthusiastic about this venture. There will not be a money raising focus rather it will provide opportunity for us to reconnect and reflect over the last 30 years and look forward to the church's 175th (2043) and Wesley's 50th (2045) anniversaries.

At this stage it is thought there will be an exhibition, stalls, a special Spotlight edition, a tea towel competition & a big service on the Sunday followed by a Bring & Share Lunch. Look out for updates in Spotlight and do please let Liz Edwards know any ideas you have for the exhibition or the weekend as a whole. It is hoped to have a special logo to use from November. If this is something you could design please put a copy in the pigeon hole 'E' or email to lizedwards513@gmail.com by 27th October.

Unwanted Jewellery?



I am still collecting pre-loved jewellery to sell for charities being supported by the church. Since beginning this hobby over £600 has been raised & added to Saturday morning Wesley's funds.

I am always pleased to accept jewellery donations which can be left in my pigeonhole.

Many thanks
Liz Edwards

Next Spotlight Issue

Please send all submissions to Sarah Moore at nmmc@hotmail.co.uk (or in my church pigeonhole). Please send me anything you think might be of interest: memories, news of members, advice for life, poems, photos, recipes, etc, by Wednesday 30th October.

Maddy's Service

The Accreditation service for **Maddy Stonehewer** will be held at New Malden Methodist Church on Sunday 20th October at 6.00pm (5.00pm for refreshments). Please come along to support Maddy in her journey.

NMMC Diary Dates – October

Tuesday 1 st	10.30 – 11.30am	Walking group
Thursday 3 rd	1.00 – 3.00pm 2.00 – 4.00pm	Short tennis in the Upper Hall Creative Arts
Friday 4 th	11.30am	Writers' Workshop
Saturday 5 th	10.00am – 12.00pm	Wesley's – Malden & Coombe Flower Club
Sunday 6 th	12.00pm	Harvest Jacket Spud Lunch (after the service)
Tuesday 8 th	10.30am 2.30 – 4.00pm	Tai Chi Bereavement Café
Thursday 10 th	11.00am – 12.30pm 1.00 – 3.00pm	Knit & Natter in Wesley's Short tennis in the Upper Hall
Friday 11 th	11.30am 2.00 – 4.00pm	Writers' Workshop Board Games
Saturday 12 th	10.00am – 12.00pm	Ukraine Fundraiser
Sunday 13 th	3.00pm	Music in New Malden concert (see page 9)
Tuesday 15 th	10.30 – 11.30am 1.10pm	Walking group Lunchtime concert (see page 9)
Thursday 16 th	1.00 – 3.00pm 2.00 – 4.00pm	Short tennis in the Upper Hall Creative Arts
Friday 18 th	11.30am	Writers' Workshop
Saturday 19 th	10.00am – 12.00pm	Wesley's – Stand Up to Cancer
Sunday 20 th	5.00pm 6.00pm	Refreshments before Accreditation Service for Maddy Stonehewer
Tuesday 22 nd	10.30am	Tai Chi
Thursday 24 th	11.00am – 12.30pm 1.00 – 3.00pm	Knit & Natter in Wesley's Short tennis in the Upper Hall
Friday 25 th	11.30am	Writers' Workshop
Saturday 26 th	10.00am – 12.00pm	Wesley's – VACANT please see Sarah Moore to book
Tuesday 29 th	10.30am	Tai Chi
Wednesday 30 th	5.00pm 7.00 – 9.30pm	Copy deadline for next Spotlight issue Safeguarding Foundation Module Training (Coffee/Tea from 6.30pm)
Thursday 31 st	11.00am – 12.30pm 1.00 – 3.00pm	Knit & Natter in Wesley's Short tennis in the Upper Hall
Saturday 2 nd November	10.00am – 12.00pm	Wesley's – VACANT please see Sarah Moore to book

Please see the back page for a very important 'Save the Date' for November

Music in New Malden

For the second of Music in New Malden’s Autumn programme, we are hosting a concert to raise humanitarian funds for Ukraine given by the internationally acclaimed pianist Margaret Fingerhut who has devised an attractive sequence of Ukrainian compositions. Tickets for this concert are unusually £15 to try to raise a substantial sum for this good cause – please encourage friends to come along. See the flyer for booking details and our other concerts till Christmas.



The NMMC Lunchtime concert on Tuesday 15th October will be given by pianist Connor Fogel. Connor is a multi-talented prize-winner of the International Liszt Society Piano Competition and recipient of the first Musical Director Award from the Musicians Company. He was Andrew Lloyd Webber Associate Musical Director at the Royal Central School of Speech and Drama and has directed professionally in London and the USA. He will share with us his passion for Liszt as composer and arranger.

Please see the poster on page 15 for more details of the Autumn concerts.

Circuit Plan

	CHESSINGTON 10.00 am	KINGSTON 10.30 am; 6pm	NEW MALDEN 10.30 am	SURBITON HILL 10.30 am
	<i>Korean Language Service at Chessington on Sundays at 12.30 led by Rev Paul Han</i>			
06 October	Maraj-Ogden: HK	S Lloyd	Rutledge: AA/H	D Lloyd 4.30: Coveney: PP
13 October	Rutledge: HC	Vernon	LA	Maraj-Ogden: HC/P
20 October	S Lloyd: C	Rutledge: AA/HC	Maraj-Ogden: HC	Vernon
	<i>6pm: Circuit Service: Maddy Stonehewer’s Accreditation at New Malden</i>			
27 October	Stonehewer	Bridges	Cocking	Maraj-Ogden: HC 5pm: Maraj-Ogden: RSV
03 November	Maraj-Ogden: HC 4pm: Maraj-Ogden: RSV	Rutledge: CF/HC	Vernon: AA	D Lloyd 4.30: Coveney: PP
10 November	Cocking: RS	Webb: RS	Rutledge: RS	Maraj-Ogden: RS
17 November	S Lloyd: C	LA: AA Rutledge: HC	Rutledge: HC	LA
24 November	Fullbrook	Rutledge	Stonehewer	Maraj-Ogden: HC
Abbreviations				
AA: All Age Worship AC: Action for Children ACM: Annual Church Meeting CF: Café Church C: Contemporary Service		CF: Café Church F: Blessing: Children & Family Workers HC: Holy Communion H: Harvest HK: Joint Harvest Service with KCF	LA: Local Arrangement PP: Praise Party P: Pastoral Dedication RS: Remembrance Sunday Service RSV: Remembering Service	

Friends of Friendless Churches

During a walk above Matlock and Matlock Bath in Derbyshire over the summer, we came across this impressive set of gates with the following plaque next to them.



The following is extracted from their very interesting website friendsoffriendlesschurches.org.uk

Over the centuries, churches have fallen out of use for many reasons. But we believe that these buildings represent the spiritual and artistic investment of generations, that they belong to all of us, and should be preserved for the future.

Who are the Friends? The Friends love unloved churches. Without us, they would be torn down, sold as houses, or abandoned. Since 1957 we have campaigned for redundant churches to be preserved, as “sermons in stone”.

We currently care for more than 60 places of worship in England and Wales.

In Wales our work is funded by Cadw and the Church in Wales. But in England we rely on the generosity of donors and members.

What do we do? We preserve these churches for the local community and visitors to enjoy. We make them wind and water-tight, put back roofs and windows, repair drainpipes and stonework. And we make sure they are open, or have nearby friendly guardians to keep an eye on them. Friendless no more!



The view from the road below would suggest that St John the Baptist Matlock Dale it is a very beautiful building especially on a stunning English summer's day.

Has anyone else come across any 'Friendless churches'?

Barbara Cavalier's Chocolate Mousse without eggs

Spotlight is always happy to print one of Barbara's recipes. They are always delicious and she knows not to give us anything too tricky to do!

255g Dark chocolate
250ml Milk
500g Greek yoghurt
3 tbsp Caster sugar
Pinch of salt
1 tbsp Grand Marnier could be added for grown up mousse



Melt the chocolate in the milk (I put bowl over water).

Add the caster sugar and pinch of salt, stir well until incorporated.

Leave to cool (I stand the bowl in cold water for quickness).

When cool, mix together with the yoghurt (if using, stir in Grand Marnier).

Portion into dishes and put in the fridge to get really cold.

This is very rich!

For Diabetics this can be made without the sugar.

For Vegans it can be made using vegan milk and yoghurt.

Punctuation is Powerful

An English professor wrote these words on the blackboard and asked the students to punctuate it correctly.

“A woman without her man is nothing”

I couldn't possibly begin to speculate on the gender split of the responses but half of the class wrote:

“A woman, without her man, is nothing”

The other half wrote:

“A woman: without her, man is nothing”

Punctuation is powerful.



keah.org.uk/sleep-out

The Big Sleep Out

All Saints Church, Kingston
4th of October 2024

KCAH has supported local people experiencing homelessness for 30 years. Now is your chance to get involved and make a difference!

Register online now to find out more.

Sleep out so others don't have to...



Music in
New Malden
17th Season

Autumn Concerts

Sundays at 3 o'clock

New Malden Methodist Church KT3 4BY

13th October 2024

Ukraine Fund-raiser - Ukrainian composers
Margaret Fingerhut (piano) – tickets £15

10th November 2024

Vox Duo Singers

Karla Anne Grant (soprano)

Julia Martins Solomon (mezzo-soprano)

8th December 2024

Handel's *Messiah* (Part 1)

The Harmonie Choir and Orchestra



Tickets on the door £10

www.ticketsource.co.uk/musicinnm

Wesley's, NMMC 10am – 1pm M – F (cash)

Chemist Quiz

All the answers are anagrams of things which can be found in a chemist

1. NAIIRPS
 2. PASO
 3. GEADNAB
 4. NOBARACTEBI FO DAOS
 5. NITL
 6. ARTTOH SPITSLAEL
 7. TANDSICTIEFN
 8. HAMOSTC RWOPDE
 9. CEDMIEN
 10. MINTOTNE
 11. ECLNMAIA NOTLOI
 12. WRESDNA VERIL ASTLS
 13. IRCCTI DAIC
 14. MOPSE TSSLA
 15. GREOAN WREOFL TREWA
 16. CRIEENYGL
 17. STAPEHOOTT
 18. ASTOALLSETP
 19. MNIIVTA ETTLBAS
 20. HUCOG TUXERMI
-



Great name for a plumber!

Wesley's Calendar - OCTOBER 2024

Date	Day	Time	Wellness Activities &	Social Connection
30/9/24	Monday	10-1 Coffee Bar		
1/10/24	Tuesday	10-1 Coffee Bar	10:30 Walking Group	
2/10/24	Wednesday	10-1 Coffee Bar		
3/10/24	Thursday	10-1 Coffee Bar	1-3 SHORT TENNIS	2-4 Creative Arts Group
4/10/24	Friday	10-1 Coffee Bar	11:30 Writers Workshop	
5/10/24	Saturday	10-12 Charity Bake Sale (Malden & Coombe Flower Clu		10am Deco the church for HF
6/10/24	Sunday	10:30-11:30am Harvest Festival Service (Donations of food to C Larder)		
7/10/24	Monday	10-1 Coffee Bar		
8/10/24	Tuesday	10-1 Coffee Bar	10:30 Tai Chi Qigong	2:30 Bereavement Cafe
9/10/24	Wednesday	10-1 Coffee Bar		
10/10/24	Thursday	10-1 Coffee Bar	10:30 Knit & Natter	1-3 SHORT TENNIS
11/10/24	Friday	10-1 Coffee Bar	11:30 Writers Workshop	2-4 Board Games
12/10/24	Saturday	10-12 Charity Bake Sale		Ukraine Fundraiser
13/10/24	Sunday	10:30-11:30am Sunday Service		Music in New Malden
14/10/24	Monday	10-1 Coffee Bar		
15/10/24	Tuesday	10-1 Coffee Bar	10:30 Walking Group	Lunchtime Concert
16/10/24	Wednesday	10-1 Coffee Bar		
17/10/24	Thursday	10-1 Coffee Bar	1-3 SHORT TENNIS	2-4 Creative Arts Group
18/10/24	Friday	10-1 Coffee Bar	11:30 Writers Workshop	
19/10/24	Saturday	10-12 Charity Bake Sale		Stand up to Cancer
20/10/24	Sunday	10:30-11:30am Sunday Service		5pm Refreshment & 6pm Maddy Stonehewer's Accreditation Service
21/10/24	Monday	10-1 Coffee Bar		
22/10/24	Tuesday	10-1 Coffee Bar	10:30 Tai Chi Qigong	
23/10/24	Wednesday	10-1 Coffee Bar		
24/10/24	Thursday	10-1 Coffee Bar	10:30 Knit & Natter	1-3pm SHORT TENNIS
25/10/24	Friday	10-1 Coffee Bar	11:30 Writers Workshop	
26/10/24	Saturday	10-12 Charity Bake Sale		
27/10/24	Sunday	10:30-11:30am Sunday Service		
28/10/24	Monday	10-1 Coffee Bar		
29/10/24	Tuesday	10-1 Coffee Bar	10:30 Tai Chi Qigong	
30/10/24	Wednesday	10-1 Coffee Bar		
31/10/24	Thursday	10-1 Coffee Bar	10:30 Knit & Natter	1-3pm SHORT TENNIS

Wesley's Community Hub & Cafe
 for more information please contact Lee on nmmc.wesleys@hotmail.com
 New Malden Methodist Church, 49 High Street, New Malden KT3 4BY
 Church Admin on nmmc@hotmail.co.uk Tel: 0208 942 1288



**Delight yourself in the LORD,
 and HE will give you the desires of your heart. (Psalm 37:4)**

For the latest updates, please scan below or check <https://www.newmaldenmethodistchurch.com/calendar/>

Church contact information – website www.newmaldenmethodistchurch.com

 NMMethodists

Revd Dr Karl Rutledge (Minister)

07932 242789 karl.rutledge@methodist.org.uk

n/a Monday

Mrs Sarah Moore (Administrator)

020 8942 1288 (Church Office)

(Mon & Wed 10am - 2pm, Thu 12 – 4pm)

nmmc@hotmail.co.uk

Mrs Lee Monczak (Development Officer)

nmmc.wesleys@hotmail.com

Mrs Julia Morton (Senior Steward)

juliamorton@virginmedia.com


Mrs Liz Edwards (Steward)

lizedwards513@gmail.com

Mrs Julie Haines (Steward)

juliehaines53@gmail.com

Charity Registration Number 1176621

 Facebook: <https://www.facebook.com/wesleysnewmalden/>

 Instagram: <https://www.instagram.com/wesleysnewmalden/>

Email nmmc.wesleys@hotmail.com

Very Important Save the Date

Friday 29th November 4.30 – 7.00pm

Harvest is here which means that Christmas is almost upon us!

Please start thinking about donations (though don't bring them in yet!) and how you could help. Look out for more information in the Notices and November Spotlight.

